

# BELMAR ELEMENTARY SCHOOL

## Menu for September 2016

Student Lunch \$2.75 Adult Lunch \$3.50

**\*\*\* 5 LUNCH CHOICES DAILY \*\*\***

Hot Entrees, Deli du Jour, Bagel Lunch, PBJ or Salad o

All Lunches come with Fruit, Veggies, Choice of Milk

This Institution is an Equal Opportunity Provider and Employer



## WEEKLY DELI DU JOUR SELECTIONS

Monday

Tuesday

Wednesday

Thursday

Friday

Ham & Cheese

Turkey

Bologna & Cheese

Chicken Salad

Tuna Salad

## DAILY LUNCH TREATS (FREE with Purchase Student Lunch)

Monday

Tuesday

Wednesday

Thursday

Friday



Carrot Sticks

Fresh Soup of the Day

Salad

Fresh Soup of the Day

Homemade Cookie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
 <b>5</b> Labor Day School Closed	 <b>Simplified Culinary Services</b> ...eat well live well...			<b>1</b>	<b>2</b>
	<b>6</b> Cheeseburger French Fries Assorted Fruit Chicken Noodle Soup	<b>7</b> Nachos with Beef and Cheese Lett., Salsa, Sour Cream, Beans and Tossed Salad	<b>8</b> Chicken Sandwich Veggie of the Day Assorted Fruit Loaded Baked Potato Soup	<b>9</b> Pizza by the Slice Veggie of the Day Assorted Fruit and a Cookie or Chocolate Pudding	
<b>12</b> Cheesesteak Sub Veggie of the Day Assorted Fruit Carrot Sticks	<b>13</b> Cheese Quesadilla Veggie of the Day Assorted Fruit Black Bean Soup	<b>14</b> Pasta Bar with Meat or Cheese Sauce, Bread, Veggie of the Day, Assorted Fruit Tossed Salad	<b>15</b> Hot Turkey Bowl w/ Mashed Potatoes and Gravy Assorted Fruit and GF Spicy Chicken Rice	<b>16</b> Pizza Bagel Veggie of the Day Assorted Fruit and a Cookie or Chocolate Pudding	
<b>19</b> Meatball Parm Sub Veggie of the Day Assorted Fruit and Carrot Sticks	<b>20</b> ABF Chicken Tenders Veggie of the Day a Roll Assorted Fruit Beef Barley Soup	<b>21</b> Vegetable Lasagna Veggie of the Day Assorted Fruit and Tossed Salad	<b>22</b> Grilled Cheese Veggie of the Day Assorted Fruit Roasted Red Pepper & Tomato Bisque	<b>23</b> French Bread Pizza Veggie of the Day Assorted Fruit and a Cookie or Chocolate Pudding	
<b>26</b> Chicken Bacon Cheddar Flat Bread Veggie of the Day Assorted Fruit and Carrot Sticks	<b>27</b> All Beef Hot Dog on a Bun Veggie of the Day Assorted Fruit GF Chicken Noodle	<b>28</b> Cold Italian Style Sub Veggie of the Day Assorted Fruit Tossed Salad	<b>29</b> Chicken Nuggets Veggie of the Day Roll, Assorted Fruit Hearty Vegetable Soup	<b>30</b> Home Made Pizza Slice Veggie of the Day Assorted Fruit Cookie or Jello	